Pallas Connect

Chartered 1951 January 2021

Hello Dallas Chapter!

HAPPY NEW YEAR! I hope everyone had a nice holiday and found time for rest and relaxation. I certainly enjoyed it and feel I was able to recharge a bit. Even with all that is going on in the world, I remain optimistic (cautiously) that it will be a better year! IT'S GOING TO BE A BETTER YEAR! Let's just do everything we can to make it great!

Thank you to everyone that participated in the December chapter holiday meeting. It was really such a fun meeting. I am extremely grateful for each and every one of you for the difference we made for the children at The King's Academy of Dallas. We were able to meet their needs with our collection of winter accessories for the children. I'm so proud of our wonderful chapter. We also enjoyed hearing from Dr. Shailendra Thomas, Director of The King's Academy of Dallas. She is simply fantastic, and what an impact she is having in her role and for the community!



Our January Chapter meeting will be our first Business Meeting of the year and is being held via Zoom. We will start the meeting with a discussion with our very own Lindsay Jones of Ameriprise Financial Services, Inc., who will talk with us about financial/ retirement planning. The new year is especially a great time to focus on these important topics. I very much look forward to hearing from her. We will then conduct the business portion of our meeting. Please do save the date and do everything you can to join us, as you know we need a quorum for our business meetings. We look forward to seeing you all on January 19 as we kick off 2021!



Let's keep doing everything we can to **LEAD** our chapter, **LEARN** and grow both the chapter and within our personal and professional lives, and **INSPIRE** those around us in every way possible to do the same. Please reach out if you need anything at all! Be safe, be well.

Again, here's to a successful 2021!

Virtual hugs,



Lisa Tignor 2020-2021 EWI of Dallas President

















THE KING'S ACADEMY

A HIGHER PURPOSE

Dear EWI,

On behalf of Dr. Thomas please allow me to share this note of thanks to you and your organization.

We are so thankful to Executive
Women's International for sponsoring
the TKA Winter Accessory Drive. Forty
seven students received hats, gloves,
and scarves in time for our winter
snow! The blessings overflowed so
much that we have extra winter
accessories to replace any damaged or
lost items! May God richly bless you
just as you've blessed us!

- Dr. Shailendra Thomas

Here are some fun pics from school! THANK YOU EWI!







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For Oak Cliff also donated about 3 boxes of books to the Clara Oliver Elementary School Library. The librarian was so excited to receive books for her school and the kids enjoyed selecting books to read at home.





They also have a program called LENA. In this program, parents with children ages 0-3 are encouraged and educated on being their child's first teacher. For 8 weeks, families received books in order to enhance athome read time with the kiddos. Baby Zeta (pictured below) has enjoyed all of the books she has received and even reads to her little sister who is 6 months. This is done in her own way, (insert laughter), but we love the bond it has built between Mommy and her two baby girls.



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EXECUTIVE WOMEN INTERNATIONAL SCHOLARSHIP PROGRAM (EWISP) DESCRIPTION & REQUIREMENTS

2021 EWISP APPLICATIONS ARE NOW OPEN!!

Scholarship applications must be submitted electronically by Friday, March 26, 2021, at 11:59pm CDT

To nominate a high school senior and receive the link to the online application, please email ewi.dallas.scholarships@gmail.com the following information about your nominee:

(1) Student's full name

(2) Name of the high school they're attending (3) Student's email address

The Executive Women International Scholarship Program (EWISP) has been helping high school seniors/12th graders achieve their academic goals for over 35 years. The EWISP program is an annual, competition-based program which awards college scholarship money each year to qualifying high school seniors. The applicants will be judged on several factors with special emphasis on their financial need, leadership qualities, extracurricular activities, scholastic records, oral and written communication skills, creativity, awards and honors, attitude, and career goals. Only one senior per high school may be nominated by their counselor or school administrator. Up to \$10,000 will be awarded at the EWI of Dallas Scholarship Awards Dinner in May 2020.

Applicants must meet the following eligibility requirements:

- High school senior, 18 years of age or older by the application deadline
- Nominated by his/her school counselor or school administrator
- Enrolled in a public, private, parochial school or homeschooled
- Legally reside in the USA and live within boundaries of Dallas, Collin or Tarrant counties
- Plan to pursue a degree at an accredited post-secondary institution
- Have a demonstrated financial need
- Have a minimum 3.00 GPA on a 4.0 scale
- Have contributed to their community as demonstrated by their involvement in extracurricular activities, work, religious, civic or volunteer activities

**Please note – students are required to upload the following documents:

- FAFSA/TAFSA Student Aid Report
- Prior Year Income Tax Return for parents or legal guardian
- Current Student Transcripts
- ACT/SAT Scores
- Two (2) Letters of Recommendation
- Personal Essay











ADULT STUDENTS IN SCHOLASTIC TRANSITION (ASIST) PROGRAM DESCRIPTION & REQUIREMENTS

2021 ASIST APPLICATIONS ARE NOW OPEN!!

Scholarship applications must be submitted electronically by Friday, March 26, 2021, at 11:59pm CDT

Click here to apply for the 2021 ASIST Scholarship!

The EWI Adult Students in Scholastic Transition (ASIST) Scholarship Program helps provide financial support to adult students in a variety of transitional situations. The ASIST Scholarship is a non-discriminatory, educational scholarship program for the benefit of non-traditional men and women pursuing an associate's, bachelor's or master's degree, or a technical/professional certificate. Selection criteria includes, but is not limited to financial need, social, physical and economic challenges, and individuals with children residing in the home. Up to \$10,000 will be awarded at the EWI of Dallas Scholarship Awards Dinner in May 2020.

ASIST applicants must meet the following eligibility requirements:

- Not currently enrolled in high school
- 18 years of age or older by the application deadline
- Adult students entering a college, university, trade school and/or the workforce for the first time
- Non-traditional students already enrolled in a college, university, or trade school
- Persons in need of re-training due to changes in the workplace
- Legally reside in the USA and live within boundaries of Dallas, Collin or Tarrant counties

Applicants must be able to:

- Clearly define career goals and objectives
- Specify the educational requirements needed to attain the above goals and objectives
- Demonstrate utilization of re-entry programs available through colleges/universities/technology centers, community agencies, service groups or career professionals

**Please note – students are required to upload the following documents:

- Transcripts from schools attending (or most recent school attended)
- Prior vear income tax return
- Two (2) Letters of Recommendation
- Personal Essay
- SAT/ACT scores (optional)











Submitted by Jeannette Davis, JLL

The Power of Saying 'No' – Benefits You Get from Not Over-committing



Many of us believe we always have to say 'yes.' After all, we want to be seen as positive helpful people. Saying 'no' seems so negative. But learning to say no more often can be powerful. While using it too much can create problems, the key to using this word is to find balance in your life instead of over-committing. Here are a few benefits of learning to say no sometimes to avoid over-committing.

1 – Saying No Makes Room for the Right Things

When you say no to one thing, it makes room for the right things in your life. If you say yes to too many things and over-commit, then you may be leaving out some important things. When your plate is too full, you don't have any room left for opportunity. As you learn to say no more often, you'll make space in your life for the right opportunities to come along. And then you'll have the time to walk through those new open doors.

2 - You Establish Healthy Boundaries

Whether it's at work or on relationships, no allows you to establish healthy boundaries, too. Caring for yourself is important, too. Over-commit and constantly focus on making everyone else happy leaves your own needs neglected. Saying no sometimes, caring for your own needs, and metaphorically putting your own oxygen mask on first, ensures you're more capable of helping others.

3 – Sometimes No Reduces Regret

Ask yourself this question: how many times have you said yes to something and regretted it immediately? It's too easy to say yes when you want to say no, and that leads to regret and unhappiness with your life. When you're presented with a choice, ask yourself if you'll regret saying yes in the future. If so, it's time to say no and nix regrets.

Stop thinking that saying no is a form of negativity. Remember, when you say no to one thing, you're opening the door for amazing possibilities in your life that you can wholeheartedly say 'YES!' to.













Before your next conversation; pause, breath, and become curious.

During a hectic workday, it's easy to build up stresses that make us more prone to acting in a reflexive or biased way. When this happens, science tells us we're less likely to hear a colleague's valuable insight or perspective.

Before your next meeting or conversation, spend a quiet moment accessing an open and inclusive mindset using three simple steps:

<u>Pause</u> – Notice what is on your mind that could impact your upcoming conversation.

Breathe – Take a slow, deep breath. This calms the nervous system.

Become curious – Ask yourself, "What can I learn in this conversation? Whose perspective can I hear?"

Take a bigger view

There is always a bigger view. Whatever the situations and challenges we are facing, there is always a frame of reference that can provide us with some perspective. In a mindfulness practice, the always accessible bigger view is our ability to just be aware, to know. Next time you find a difficult emotion arising in your mind, bring your awareness to that experience. The part of yourself that knows the difficult emotion is not itself difficult. If you practice taking the bigger view, the more space you'll give yourself to deal with challenges as they arise.

Asking "What will happen next?" can be very powerful. Just by inviting the question, we prime our minds to be on the lookout, like a cat waiting at a hole for the mouse to come out. With your body relaxed and eyes open, try asking yourself this question and carefully watch your mind to see what grabs its attention. Where does it move? What is the next thought that arises? What prompted it?

What will happen next?









Dallas Chapter Monthly Newsletter

January 2021

Do you have a book that you just absolutely LOVE? Or a book that stirred something deep in your soul? A book that your mind keeps coming back to even after you've finished it? If so, we want to know!! Submit your recommendation to katie@vaultjet.com so we can expand our minds together!

she Book N

THE STORY BEHIND THE HONOR KILLING

BEAUTY

TARASHEA NESBIT

KATJE MACK

New York

Times

PEOPLE IN THE WORLD

Western 100 Notable Borner Stories

STSAN MIN

BUDGES OF 20208

PARTICULARLY PROSPEROUS

JOSEPH HENRICH

CLICK THE LINKS FOR THE NAVIN THE WOMEN

WAYÉTU MOORE

Pag

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Memoir

Nonfiction

Poetry

Stories

NATASHA RETHEWEY











JANUARY 3RD

<u>Karen Sills,</u>

Sustaining Member

Trinity Industries, Inc.

FEBRUARY 20TH

Kathy Dodson,

Sustaining Member

EY

February 25th

Carolyn Trechter,

Sustaining Member

First Republic Bank Dallas

FEBRUARY 28TH

<u>Lisa Carter,</u>

Four Seasons Resort and Club

JANUARY
ANNIVERSARY'S
Special Delivery Inc. -16 years
Top Golf-1 year











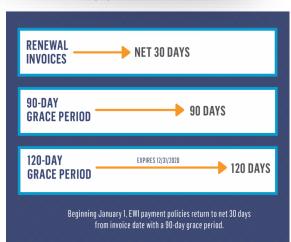




Membership Dues Invoice

Date	Invoice #
12/4/2020	





The Recruitment and Retention Committee would like to remind all members of the updated Renewal Policies and accommodations being made to help all members with their membership renewal invoices.

Current payment terms are NET 30 days.

We offer a 90-day grace period to pay invoices.

In April 2020, the Corporate Board announced that we would extend our grace period to 120 days from the date of invoice.

This expires on December 31, 2020.

EWI will return to normal operating procedures for membership renewals on January 1, 2021.

Members have the ability to make up to three (3) payments to help pay membership renewals.

Please send any membership updates or requests to make payment options to Cortney at Cortney@ewiconnect.com

"COME BACK TO EWI" - Membership Incentive Program



Member firms/reps that have deactivated their membership between April 1 and December 31, 2020 may "Come Back to EWI" at the current member dues rate of \$165 plus applicable Chapter requirements.

Savings of \$35.

Program expires March 31, 2021

Reach out to your deactivated Chapter members and ask them to "Come Back to EWI!"









Dallas Chapter Monthly Newsletter

January 2021

2021 January Business Meeting Information EWI® of Dallas

CHAPTER BUSINESS MEETING

Date: January 19, 2021

Location: Your Home Office, Kitchen or Patio

221 Your House Somewhere, Texas

Phone: CLICK HERE TO JOIN THE ZOOM!

Networking: 6:00p.m.

Program: 6:15 p.m.

Door Prizes: 7:00 p.m.

Price: \$25.00

If you are unable to make your payment due to COVID19 budget restrictions, we completely understand. Please contact Lisa Tignor to make arrangements-as we would love for you to participate in the call.

BOARD MEETING

Date: January 27, 2021

Host: Danielle Forney

Neuberger Berman

Location: Your Living Room via Zoom

Phone: 214-918-9130

Meeting: 5:00 - 6:30 p.m.



RSVP: To attend the Board Meeting, contact

Jeannette Davis, JLL

2020-2021 Secretary, no later than 12 noon, Friday, January 22, 2021

Email: Jeannette.Davis@am.jll.com

Office: 214-438-6122

Guest Speaker: Lindsay Jones, Ameriprise Financial Services



Click here to pay via PayPal

or by using the link on our website:

EWI Meetings & Events

Checks made payable to:

Executive Women International
can be received at the meeting, or mailed prior to:

Danielle Forney 105 Meadowbend Drive Cedar Hill, TX 75104 *For advance invoices, please email:

dforney1966@gmail.com

RSVP to Reservation Hotline:

Millie Marsac

Bank of America Merrill Lynch 2020-2021 Sergeant-At-Arms Committee

by 12 noon Friday, January 15, 2021 cell: (469) 951-6149

email: millie.marsac@bofa.com

Total Amount Remitted: \$_____

Would you like a receipt mailed to you? _____

Name:

Firm: _____

All special dietary requests, please contact your in-home meal coordinator.

NOTE: All Representatives have automatic standing reservations. Representatives DO NOT need to return this form unless canceling or responding with guest(s). Cancellations must be received by the deadline or your firm will be billed. It is helpful to receive payment prior to the meeting. If you require a receipt for your payment, you may check the appropriate space on this form and your receipt will be mailed to you upon receipt of your check. Checks are not processed until after the meeting date; therefore, if you mail your check ahead and a change of plans requires you to cancel your reservation, as long as you cancel prior to the deadline, your original check will be returned to you.











2020-2021 Board of Directors



Lisa Tignor
President
<u>lisa tignor@mckinsey.com</u>
Cell: 214-532-0630



Dawn Redmond Vice President/President-Elect dawnredmond@ebby.com Cell: 214-689-8424



Denise Labrado Advisor Denise@arlington.org 469-774-6495



Jeannette Davis Secretary/Advisor <u>jeannette.davis@am.jll.com</u> Cell: 214-707-7883



Jennifer Clark
Retention & Recruitment Director
<u>jennifer.clark@dallashearingfoundation.org</u>
214-796-2006



Danielle Forney Treasurer <u>danielle.forney@nb.com</u> 972-951-2405



KeChan Patterson
Program Director
patterson@downtowndallas.com
214-264-3205



Katie Cowan
Communications
Director
katie@vaultjet.com



Millie Marsac Sargeant-At-Arms millie.marsac@baml.com 469-951-6149



Jane Adams
Business/Career/Development Director
jane.adams@specialdelivery.com
469-441-5444













2020-2021 EXECUTIVE ADVISORY BOARD



Sherry Adams Vice President of Human Resources Ebby Halliday Companies



Lindsay Jones Financial Advisor Ameriprise Financial Services, Inc.



Melanie Linnear Vice President of Food Service State Fair of Texas



Kim Loving Operations Manager McKinsey & Company

EWI Corporate Office 1288 Summit Ave. Ste. 107 PMB 124 Oconomowoc, WI 53066 262.269.5625

ewi@ewiconnect.com ewiconnect.com my.ewiconnect.com

Mission

Executive Women International (EWI) brings together key individuals from diverse businesses for the purpose of promoting member firms, enhancing personal and professional development, and encouraging community involvement.

Vision

To enhance professional growth and development within a diverse group of women while empowering them to make a difference as they inspire others.

Values

Integrity | Excellence | Respect | Collaboration

FEBRUARY PROFESSIONAL DEVELOPMENT WEBINAR

Building Your Business With Trust in a Dynamic Environment

Presenter:Roseann Freitas Hawaii Marketplace Manager, Better Business Bureau Northwest + Pacific

> Tuesday, February 2, 2021 3:00 PM ET / 12:00 PM PT



During challenging times, it is even more important to focus on trust, honesty, transparency, and integrity to survive. Learn how to be a trustworthy company, and the impact it can have on your bottom line. Members will learn the components of trust, why trust is essential, and how to be a trustworthy company.

Roseann Freitas is the Hawaii Marketplace Manager for the Better Business Bureau. Northwest + Pacific. As the face of the BBB in Hawaii, Roseann's role includes promoting trust in the marketplace via media, strategic relations, business, and consumer education. She loves assisting trustworthy companies and highlighting unethical business practices. Roseann has a Bachelor of Science in Business Administration with a concentration in Accounting from Mount Olive College in North Carolina and volunteers with Executive Women International Honolulu Chapter and the National Kitchen and Bath Association Aloha Chapter.













January 2021

Member Firms













































NEUBERGER **BERMAN**



